



**University of the Virgin Islands  
School of Education  
Master of Arts in Education  
Counseling & Guidance  
Fall 2016**

Practicum

STT 1

5 = Superior	4 = Excellent	3 = Good	2 = Below Average	1 = Very Low	1	2	3	4	5	NA
<b>Basic Counseling Skills Proficiencies</b>										
1. Demonstrated appropriate non-verbal attending skills.									1	
2. Reflected content of client messages with appropriate frequency and accuracy.									1	
3. Reflected client's feelings and attitudes with appropriate frequency and accuracy.									1	
4. Reflected discrepancies in client communication.								1		
5. Skillfully self-disclosed when appropriate.								1		
6. Fostered specific and concrete (rather than general and abstract) communication.									1	
7. Fostered immediacy in the counseling session.									1	
8. Demonstrated a variety of responses and techniques.								1		
9. Collaborated with client to establish clear therapeutic goals.									1	
10. Focused the session around client goals.									1	
11. Facilitated movement toward client goals.									1	
12. Moved neither too slow nor too fast for client.									1	
13. Recognized and effectively addressed resistance.									1	
<b>Theoretical and Other Professional Knowledge</b>										
14. Showed understanding of the dynamics of client concerns/issues.									1	
15. Showed knowledge of professional literature related to client concerns/issues.									1	
16. Demonstrated consistent use of counseling theory.								1		
17. Demonstrated creativity.									1	
<b>Personal Skills</b>										
18. Showed tolerance for stress and discomfort, both personally and on the part of the client.									1	
19. Made responses that flowed easily.									1	
20. Exhibited appropriate self-assurance, confidence, and trust in own ability.									1	
<b>Outside of Counseling Sessions</b>										
21. Accurately self-assessed.									1	
22. Took appropriate steps toward increased education, consultation, and referral.								1		
23. Appropriately received and used feedback.									1	
24. Completes client records promptly, with neatness, thoroughness, and accuracy.									1	



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25. Adhered to ACA ethical standards, both in and out of counseling sessions.				1	
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