

University of the Virgin Islands School of Education Master of Arts in Education Spring 2016

Counseling & Guidance Concentration

Counseling & Guidance Practicum

STT 3: STX 4

| 1 = Very Low; 2 = Below Average; 3 = Good; 4 = Excellent; 5 = Superior; NO=Not Observed | 1 | 2 | 3 | 4 | 5 | NO |
|---|-----|-----|---------|--------|--------|--------|
| Basic Counseling Skills | Pro | fic | iencies | 1 | 1 | I |
| 1. Demonstrated appropriate non-verbal attending skills. | | | | 42.86% | 57.14% | |
| 2. Reflected content of client messages with appropriate | | | | | | |
| frequency and accuracy. | | | 14.29% | 28.57% | 57.14% | |
| 3. Reflected client's feelings and attitudes with | | | | | | |
| appropriate frequency and accuracy. | | | | 42.86% | 57.14% | |
| 4. Reflected discrepancies in client communication. | | | 14.29% | 28.57% | 57.14% | |
| 5. Skillfully self-disclosed when appropriate. | | | 28.57% | 57.14% | 14.29% | |
| 6. Fostered specific and concrete (rather than general | | | | | | |
| and abstract) communication. | | | | 28.57% | 71.43% | |
| 7. Fostered immediacy in the counseling session. | | | | 14.29% | 85.71% | |
| 8. Demonstrated a variety of responses and techniques. | | | 14.29% | 28.57% | 57.14% | |
| 9. Collaborated with client to establish clear therapeutic | | | | | | |
| goals. | | | 14.29% | 28.57% | 57.14% | |
| 10. Focused the session around client goals. | | | 14.29% | 42.86% | 42.86% | |
| 11. Facilitated movement toward client goals. | | | 14.29% | 14.29% | 71.43% | |
| 12. Moved neither too slow nor too fast for client. | | | 14.29% | 28.57% | 57.14% | |
| 13. Recognized and effectively addressed resistance. | | | 14.29% | | 85.71% | |
| Theoretical and Other Profes | sio | nal | Knowle | dge | | |
| 14. Showed understanding of the dynamics of client | | | | | | |
| concerns/issues. | | | | 42.86% | 57.14% | |
| 15. Showed knowledge of professional literature related | | | | | | |
| to client concerns/issues. | | | | 28.57% | 71.43% | |
| 16. Demonstrated consistent use of counseling theory. | | | | 14.29% | 85.71% | |
| 17. Demonstrated creativity. | | | | 14.29% | 85.71% | |
| Personal Ski | lls | | • | • | • | • |
| 18. Showed tolerance for stress and discomfort, both | | | | | | |
| personally and on the part of the client. | | | | 42.86% | 42.86% | 14.29% |
| 19. Made responses that flowed easily. | | | | 42.86% | 42.86% | 14.29% |
| 20. Exhibited appropriate self-assurance, confidence, and | | | | | | |

| trust in own ability. | | | 14.29% | 42.86% | 28.57% | 14.29% | | | | |
|--|--|--|--------|--------|--------|--------|--|--|--|--|
| Outside of Counseling Sessions | | | | | | | | | | |
| 21. Accurately self-assessed. | | | 28.57% | 42.86% | 14.29% | 14.29% | | | | |
| 22. Took appropriate steps toward increased education, | | | | | | | | | | |
| consultation, and referral. | | | 14.29% | 28.57% | 42.86% | 14.29% | | | | |
| 23. Appropriately received and used feedback. | | | | 42.86% | 42.86% | 14.29% | | | | |
| 24. Completes client records promptly, with neatness, | | | | | | | | | | |
| thoroughness, and accuracy. | | | | | 71.43% | 28.57% | | | | |
| 25. Adhered to ACA ethical standards, both in and out of | | | | | | | | | | |
| counseling sessions. | | | 14.29% | | 71.43% | 14.29% | | | | |